

June 1, 2014

Dear ministers,

Unity of Melbourne has a vision of building high social, emotional and spiritual intelligence through the BePeace Practice, and to share this with the schools in our county. Whenever issues arise, this unique method efficiently unites our empathy and insight to handle them with ease, harmony and creativity. In this way, it accelerates our individual and collective evolution.

At our center, Rev. Rita Marie Johnson has taught two BePeace Foundations Courses and a course to certify our own teachers to offer it. Board members, staff, congregants and community educators have participated; it has brought us to a more cohesive, confident level.

Our capital campaign for a building at a new location has been less stressful for me because my congregants are more sensitive to my needs and they came through with more support. We were also more skilled at giving empathy to members who were resistant to the idea of a move.

BePeace is also our service project to schools. Dr. Doreatha Fields, from the Diamond Community School and her staff, who work with at-risk teenagers with social/emotional challenges and learning disabilities, took the course at our center. Afterwards she wrote:

*The teachers are using what they learned. Gwendell told me, after she introduced the process to the children, there were 'tears and release' she'd never seen before. Both boys and girls were positively impacted as they dealt with past emotions and pain they said 'nobody ever let me talk about.' We now believe that behaviors that have been labeled may just be "unmet needs."*

BePeace works with all ages. We start our children's program with BePeace and use it when there are behavior challenges. We will offer a BePeace Family Camp this summer to immerse more adults and children in this simple practice and will offer the Advanced Course in 2015.

I highly recommend involving your center in BePeace through Foundations Courses, tours to Costa Rica or Family Camps. Your commitment to it will create an abundance of blessings!

Love and Blessings,



Rev. Beth Head