



About The Author

Educator, author, speaker, and award-winning innovator **Rita Marie Johnson** has been sharing her message and her method worldwide for over a decade.

Her method, called the Connection Practice®, earned Johnson the *Ashoka Changemakers Innovation Award*, chosen from 79 projects in 32 countries.

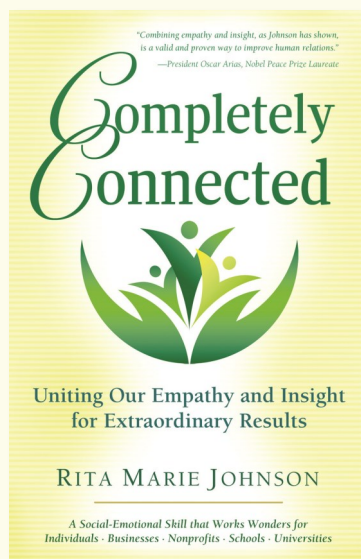
Johnson's method is now being used by individuals, schools, businesses, and organizations to enhance personal well-being, reduce conflicts and bullying, improve communication and collaboration, and boost performance.

Johnson is founder and CEO of Rasur Foundation International (RFI), the sponsor of the Connection Practice. Johnson lives in Costa Rica and works globally, with headquarters for RFI in Dallas, TX.

Email: info@RasurInternational.org

Phone: 1.469.708.7804

www.RasurInternational.org



Completely Connected: Uniting Our Empathy & Insight for Extraordinary Results

In this book, Rita Marie Johnson shares the Connection Practice, a method for connecting with ourselves and others that is supported by scientific research and testimony from people around the world. This book will inspire you with its how-to for personal and global change as you:

- Learn how to tap into your best intelligence for solving problems and moving forward in life
- Increase rapport and deepen connections with friends, family and co-workers, leading to a greater sense of belonging
- Prevent or resolve conflicts in a way that brings people closer
- Build your social and emotional intelligence

“People of all ages and walks of life – from school children to octogenarians, from educators to business, nonprofit, government and social-service leaders – are offered a skill that transcends polarizing win-lose approaches to conflict. Readers learn how to combine empathy and insight to achieve astonishing results – results that include improved grades and performance and also heal, empower, and humanize.” ~ Patricia Mische, co-founder of Global Education Associates and author, Washington, D.C.

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